

# DINUBA HIGH SCHOOL

340 E. Kern St

Dinuba, Ca 93618

Phone: 559-595-7220 Fax: 559-595-8179

[www.dinubawrestling.com](http://www.dinubawrestling.com)

Athletic Director: Martin Tovar

Wrestling Coach: Michael Wright

Dear Wrestling Parent,

On Friday and Saturday, January 8<sup>th</sup> and 9<sup>th</sup> we will be hosting the Dinuba Inv. On Thursday January 7<sup>th</sup> after our dual we will start setting up the gym for the tournament. All wrestlers are required to help set up the gym for the tournament. If parents would like to help you are more than welcome. Setup should only take a couple of hours if everyone shows up to help.

On Friday and Saturday all varsity wrestlers need to be at the weight room to weigh-in at 7:00am. All other wrestlers need to be there at 7:30am to work the tables. Wrestling will start at 8:00am and go until approximately 5:00pm. All JV wrestlers are required to help work the tournament and clean up. Once the tournament is over all wrestlers are required to help put the mats away and clean up the gym. Once again this only takes about an hour if everyone helps.

Parents we need your help in the concession stand. Please make yourself available to help on Saturday, this helps us buy food for the season and pay for other expenses. A parent will contact you regarding working in the concession stand. We will make sure you get to see your wrestler wrestle if you are working at the time they come onto the mat.

If you have any questions or concerns please call me at 786-5115.

PREPARING FOR SUCCESS,

Michael Wright  
Wrestling Coach